

Mindful Healing Outpatient Program Guidelines

1. Please be on time for all sessions.
2. If you are going to be late or absent for any reason, please call Dr. Vasa's office at 949 612 3955 and notify the treatment team of your absence.
3. Frequent tardiness or absence may be grounds for dismissal from the program.
4. Please keep cell phones off during group sessions.
5. Dr. Vasa reserves the right to perform random urine drug testing when indicated.
6. Please be respectful to all group members and therapists.
7. Program participants need to be present for all group sessions. If you need to leave early for any reason, please notify Dr. Vasa prior to leaving the office.

I, _____, hereby agree to abide by these program guidelines upon enrollment in the outpatient program.

Signature _____